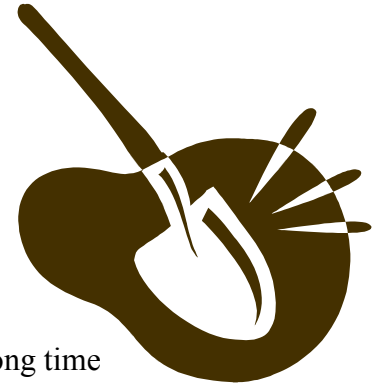


## DIGGING DEEPER

**Series:** A Psummer of Psalms for the Psoul

**Sermon:** **How Long?**

**Scripture:** Psalm 13



### GETTING STARTED

Describe a time in your life when you had to wait for what seemed to be a long time before getting something you desired.

- What made the “waiting” difficult?
- How did you feel once you got it?

### BIBLE STUDY

1. Read Psalm 13 and answer the following questions.
  - What words would you use to describe the Psalmist’s feelings expressed in verses 1-3?
  - In what way do verses 3 & 4 represent a turning point in David’s attitude?
    - Why is sometimes so difficult for us to seek out God during dark periods of our lives?
  - How do verses 5 & 6 compare with verses 1-3?
    - How do you account for the difference?
2. Read the following verses. How do they compare with Psalm 13?
  - Psalm 22:1-2
  - Job 13:24
  - Lamentations 5:20
  - Mark 4:35-41
3. From the following verses, what do we learn that can sustain us during times when we feel God’s silence?
  - Psalm 55:22
  - Jeremiah 17:7-8
  - Hebrews 10:19-22
  - Hebrews 13:5

## **APPLY IT**

If there is a situation you are facing now that causes you to wonder whether God cares or whether He is hearing your prayers of concern, do the following:

**Examine & Express Your Emotions About the Situation**—write down your honest emotions and feelings.

**Expect God's Presence & Response**—What do you want God to do about the situation? What is your desired outcome?

**Exalt God, No Matter What the Outcome**—After going through this exercise, spend some time praising God, singing hymns or choruses that affirm His greatness...And purpose in your heart that you will praise Him, no matter how things turn out.