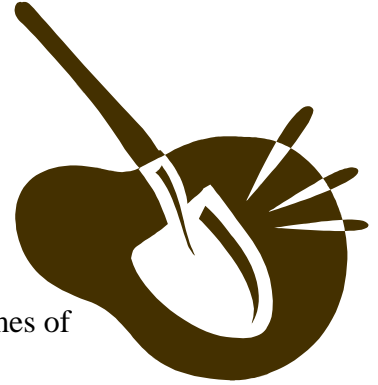


Digging Deeper

Series: Hymns for Him
Sermon: It Is Well With My Soul
Scripture: Psalm 55:16-23



GETTING STARTED

In what ways has your faith been a source of comfort and strength during times of adversity?

BIBLE STUDY

From your study of Psalm 55, answer the following questions.

1. What words in the first five verses give you a sense of what David was feeling and experiencing as he wrote this Psalm?
2. In verses 6-8, what does David say he wishes he could do to avoid the unpleasantness of his present circumstances?
3. How does the tone of the Psalm change starting with verse 16?
4. What is David's first step in regaining a new perspective in this situation (vv. 16-17)?
5. Verse 18 is written in the present tense—as though God has already accomplished these things—even though David's situation has not changed. Why would David write this way when he still faced such an uncertain future?
 - What role did David's life of faith play in his expressing such confidence in God?

APPLY IT

Try to apply this lesson by:

- Identifying ways in which difficulties you have faced have caused you to become more **engaged** than you might otherwise have been.
- Then, write down specific promises from Scripture that can **enlighten** you during periods of hardship (use a concordance or a study Bible for help).
- Finally, pray for God's presence to be a source of **encouragement** in your life, especially when you feel that others have let you down.